

## EQUIPMENT CHECK LIST

**Snowboard Anwarter (SB level 1+2)**  
**Snowboard Landeslehrer (SB level 3)**

**SNOWBOARD:** Snowboard equipment and boots for: riding demos, off piste, gates, freestyle.  
(Freestyle Board) For the race you can use a race board.

- Helmet (helmet is a must for all the courses)
  - Snowboarding outfit
  - Sun glasses and goggles, small backpack for the lunch break on the slope
  - Sun protection (Glasses, hats, cream)
  - Swimming outfits (Summer Courses)
  - If possible tuning gear
  - Writing utensils
  - If possible, laptop and USB stick
  - E-card, travel, health insurance
  - Certificates of previous qualification (SB Landes)
  - Confirmation of practical work in the ski school (SB Landes)
  - Avalanche transceiver (SB Landes)
  - Prope and shovel (if possible) (SB Landes)
  - Take previous scripts with you (SB Landes)
- Anwarter candidates receive your books at the beginning of the course

